

Dear [Friend's Name],

I just wanted to take a moment to reach out and let you know how much I admire your strength during this difficult time. I can only imagine what you're going through, but I want you to remember that you are not alone. I'm here for you, cheering you on every step of the way.

Your resilience inspires me, and I truly believe that brighter days are ahead. Please don't hesitate to lean on me if you need someone to talk to or if you just want some company. Together, we can get through this.

Take care of yourself, and know that I'm thinking of you often.

With all my support,

[Your Name]