

# Dear [Friend's Name],

I hope this message finds you in the best spirits possible, despite what you're going through. I want you to know that you are constantly in my thoughts, and I am sending you all my love and positive energy for a swift recovery.

It's tough seeing you unwell, and I can only imagine how challenging this time must be for you. Remember that it's okay to take your time to heal, and I'm here for you every step of the way.

Let's plan to get together once you're feeling better--I miss our chats and all the laughs we share. Until then, take care of yourself and know that I'm just a phone call away if you need anything.

Wishing you strength and a speedy recovery.

With all my love,

[Your Name]