Dear [Friend's Name],

I hope this letter finds you in good spirits. I just wanted to take a moment to let you know how much I've been thinking about you during your recovery.

Your strength and resilience are truly inspiring, and I know you'll come through this even stronger. Remember, it's perfectly okay to take your time to heal. I'm here for you every step of the way.

If you need anything--whether it's a chat, a book to read, or some company--please don't hesitate to reach out. I'm looking forward to seeing you back on your feet and doing the things you love.

Sending you all my love and warm wishes. Take care!

With heartfelt sentiments,

[Your Name]