Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to reach out and share what's been on my mind lately.

As you know, I've been going through some challenges, and it would mean a lot to me to have your support during this time. Your friendship has always been a source of strength for me, and knowing that you are there gives me comfort.

If you have some time, I would love to catch up and talk about everything. I really value your insights and encouragement, and your moral backing would make a big difference.

Thank you for always being such a wonderful friend. I look forward to hearing from you soon!

Best regards, [Your Name]