

Hey [Friend's Name]!

I hope you're doing well! It's been a while since we last caught up, and I thought it would be great to grab lunch together.

How about this Saturday at [Time]? We could hit up our favorite spot, [Restaurant Name], and just hang out like old times.

Let me know if that works for you or if there's another time you prefer.

Looking forward to it!

Cheers,
[Your Name]