Dear [Friend's Name],

I hope this letter finds you well. I wanted to share some exciting news with you about a new personal journey I am embarking on.

Recently, I've decided to [describe the journey, e.g., "pursue my passion for painting and enrolled in an art class"]. This decision has been a long time coming, and I feel truly inspired to dive into this new adventure.

It's a bit daunting, but I'm looking forward to [mention what you hope to achieve or experience, e.g., "expressing myself creatively and connecting with others who share my interests"].

I would love to hear your thoughts on this and catch up soon! Let's plan a time to chat or meet up.

Take care,

[Your Name]