

Hey [Friend's Name]!

I hope this letter finds you well. It's been a while since we last caught up, and I thought it would be nice to update you on what's been happening in my life from this distance.

First off, work has been keeping me busy. I recently took on a new project that's both challenging and exciting. I'm learning so much, and I can't wait to share more details with you when we chat!

On the personal front, I finally started that yoga class I always talked about. It's been a fantastic way to unwind and meet new people. Have you tried any new hobbies lately?

And of course, I miss our coffee catch-ups. Remember that little cafe we used to go to? I found a similar spot here, and it just doesn't taste the same without you!

How have you been? I'd love to hear all about your life and any new adventures you've embarked on.

Sending you lots of love and looking forward to your reply!

Best,

[Your Name]