

Dear [Classmate's Name],

I hope this message finds you well. I want you to know that I have been thinking about you and the challenges you are currently facing. It's completely understandable to feel overwhelmed, but I want you to remember that you are not alone in this.

Your resilience and strength have always inspired me, and I believe in your ability to overcome these difficulties. If there is anything I can do to help you, whether it's studying together or just being there to talk, please don't hesitate to reach out.

Take the time you need, and remember that it's okay to ask for support from friends and family. We are all here for you.

Wishing you all the best,

Sincerely,
[Your Name]