Dear [Friend's Name],

I hope this message finds you well! I wanted to take a moment to share some positive developments in my life lately.

First and foremost, I recently got a promotion at work! I'm now the [Your New Position] and I'm thrilled about the new challenges and opportunities that come with it.

Additionally, I've taken up a new hobby--I've started painting! It has been a wonderful way to express my creativity and unwind after a busy day.

Lastly, I'm planning a trip to [Destination] next month. I can't wait to explore new places and experience different cultures. I wish you could join me!

Let's catch up soon; I'd love to hear what's new with you as well!

Take care,

[Your Name]