Dear [Friend's Name],

I hope this letter finds you well. It has been such a long time since we last connected, and I often find myself reminiscing about the great times we had together. I truly miss our conversations and the laughter we shared.

Life has brought many changes, and I would love to hear what you have been up to. How is everything with you? Did you ever pursue that [mention any specific interest or goal]? I have been keeping busy with [briefly share what you've been doing], but I always find myself wishing I could catch up with you.

If you're up for it, I would love to meet up or just chat over the phone sometime. Let me know what your schedule looks like, and we can set something up. I look forward to hearing from you!

Warm regards, [Your Name]