Dear [Friend's Name],

I hope this letter finds you in great spirits! It's been such a long time since we last connected, and I wanted to take a moment to share some life updates with you.

Personal Updates

First off, I've recently taken up gardening! It's been a joy to grow my own herbs and vegetables. I never knew how therapeutic it could be!

Work Life

Work has been busy but fulfilling. I recently got promoted to [Your Job Title], which has come with new responsibilities and challenges. I'm learning a lot every day!

Family and Friends

My family is doing well. We had a small gathering last month to celebrate [Occasion]. It was nice to catch up with everyone after such a long time.

Future Plans

Looking ahead, I'm planning a trip to [Destination] next summer. I remember how much fun we had there last time! It would be amazing if you could join!

I'd love to hear what's new with you as well. Please write back when you have a chance!

Take care and stay in touch!

Warm wishes,

[Your Name]