

Dear [Friend's Name],

I hope this letter finds you in great spirits. Even though we are miles apart, I want you to know that you are always in my thoughts and heart.

Life may throw its challenges your way, but I believe in your strength and resilience. You have overcome so much already, and I know you will continue to rise above any obstacles in your path.

Remember to take a moment for yourself and breathe. Surround yourself with positivity and let your light shine bright. I'm cheering for you from afar and can't wait for the day when we can see each other again.

Sending you all my love and encouragement.

Warm hugs,

[Your Name]