Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to express my heartfelt gratitude for your unwavering support during my recent challenges. Your kindness and understanding have made a significant difference in my life.

Thank you for always being there to listen and for believing in me, even when I struggled to believe in myself. Your friendship means the world to me, and I am truly grateful to have you by my side.

Looking forward to catching up soon!

With warmest regards,

[Your Name]