

Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to reach out because I've been thinking about you a lot lately. I know that things might feel a bit overwhelming right now, and I want you to know that you're not alone.

It's completely okay to feel lonely sometimes. We all go through tough patches, and I want you to know that I'm here for you. Remember all those fun times we shared? I cherish those memories and can't wait to make more with you.

If you ever need to talk or just want some company, please don't hesitate to reach out. I'd love to hang out, grab a coffee, or just chat. You mean a lot to me, and I care about your well-being.

Always remember that you are loved and valued. Don't hesitate to lean on me; I'm just a call or a text away.

Take care and know that you are in my thoughts.

With all my love,
[Your Name]