

# Dear [Recipient's Name],

I want to take a moment to reach out to you during this incredibly difficult time. I cannot imagine the depth of your sorrow, and I want you to know that you are not alone.

It's completely normal to feel a range of emotions as you navigate through your grief. Please remember that there is no right or wrong way to mourn, and it's okay to take your time. Lean on those around you for support; our friends and family are here to help.

In this time of loss, it can be comforting to hold onto the cherished memories that you shared with [Name of the Deceased]. Allow those memories to bring you some solace and to celebrate their life.

As you continue your journey through grief, please know that I am here for you. Whether you wish to talk, reminisce, or sit in silence, I am always just a phone call away. You are surrounded by love and support.

Take care of yourself, and allow yourself to grieve as you need to.

With heartfelt sympathy,

[Your Name]