Dear [Friend's Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt gratitude for all the guidance and support you have provided me over the past few months.

Your advice has been invaluable, and your ability to listen and offer insights has helped me navigate through some challenging times. I truly appreciate the time and effort you devoted to helping me find my way.

Thank you for being such a wonderful friend and mentor. I am so grateful to have you in my life.

Warmest regards,

[Your Name]