

# You're Invited to Our Mental Health Support Group

Dear [Recipient's Name],

We are pleased to invite you to join our Mental Health Support Group. This group is designed to provide a safe and supportive environment where individuals can share their experiences and learn from one another.

**Date:** [Date]

**Time:** [Time]

**Location:** [Location]

Please feel free to bring a friend or loved one. We believe that together, we can foster a community of understanding and support.

If you are interested in joining us, please RSVP by [RSVP Date].

Looking forward to seeing you there!

Warm regards,

[Your Name]

[Your Position]

[Organization Name]

[Contact Information]