

Update on Enhanced Mental Health Benefits

Date: [Insert Date]

Dear [Employee's Name],

We are excited to announce important updates to our mental health benefits, aimed at better supporting your well-being. Starting [Insert Effective Date], the following enhancements will be available:

- Increased number of therapy sessions covered per year
- Expanded list of covered mental health providers
- Telehealth options for mental health services
- 24/7 access to mental health support through our Employee Assistance Program

We encourage you to take advantage of these enhanced benefits and prioritize your mental health. For more details, please contact [HR Contact Information] or visit [Internal Website Link].

Thank you for being a valued member of our team.

Sincerely,

[Your Name]

[Your Position]

[Company Name]