

Confidential Mental Health Services Availability

Dear [Recipient's Name],

We are writing to inform you about the availability of our confidential mental health services. Your mental well-being is our priority, and we want to ensure you have access to the support you need.

Our services include:

- Individual Counseling
- Group Therapy Sessions
- Crisis Intervention
- Teletherapy Options

All services are provided in a safe and confidential environment, and our experienced professionals are here to assist you.

If you would like to schedule an appointment or require more information, please do not hesitate to reach out to us at [Contact Information].

Thank you for prioritizing your mental health.

Sincerely,
[Your Organization's Name]