

Dear [Partner's Name],

I hope this letter finds you in a moment of peace amidst the storm. I want you to know that my heart aches with you during this difficult time of loss. It's completely okay to feel overwhelmed, and I am here to support you every step of the way.

Remember, it's okay to grieve, to cry, and to take your time. Feel free to express whatever you are going through; I am here to listen, without judgment, whenever you need me. We will navigate this together, and I will hold your hand through the darkest days.

In the moments when the sadness feels heavy, know that you are not alone. I cherish our memories together, and I will always treasure the love and laughter we've shared. Whenever you're ready, I would love to reminisce with you about those beautiful times.

Please take care of yourself and allow yourself the time and space you need. I love you deeply, and I am here for you, now and always.

With all my love,

[Your Name]