

Dear [Partner's Name],

I just wanted to take a moment to remind you how amazing you are. I know things have been tough lately, and it's easy to feel overwhelmed, but I believe in you wholeheartedly. Your strength and resilience continue to inspire me every day.

Remember, it's okay to take a step back and breathe. Allow yourself to feel and process everything, but don't lose sight of how far you've come. You have the ability to overcome any challenge that comes your way.

Always remember that I am here for you, cheering you on and supporting you in every step you take. You are not alone in this journey.

Keep shining your light - the world is a better place with you in it. I love you!

With all my love,

[Your Name]