Dear [Employee's Name],

I hope this message finds you well. I wanted to take a moment to reach out and offer my support during this challenging time you are facing.

It's understandable to feel overwhelmed when adversity strikes, but I assure you that you are not alone in this journey. Remember that your hard work and determination have always shone through, and this situation is just a small part of your larger story.

Take this time to lean on your colleagues and utilize our available resources. We are all here to help you navigate through this difficult period, and I am confident that you will emerge stronger than ever.

Should you need to talk or require any assistance, please don't hesitate to reach out. Your well-being is important to us.

Keep believing in yourself, and remember that every challenge is an opportunity for growth.

Sincerely,

[Your Name] [Your Position]