Dear [Mentor's Name],

I hope this message finds you well. My name is [Your Name], and I am currently [your position or situation, e.g., a graduate student in XYZ program, a new professional at XYZ company]. I have been following your work in [specific industry or field], and I greatly admire your expertise and accomplishments.

I am reaching out to seek your mentorship as I navigate my career in [specific industry or field]. I am particularly interested in gaining insights into [specific topics or areas of interest], and I believe your guidance would be invaluable.

If you would be open to it, I would greatly appreciate the opportunity to connect for a brief conversation at your convenience. Thank you for considering my request, and I hope to hear from you soon.

Sincerely,

[Your Name]

[Your Contact Information]