[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Admissions Committee] [Graduate School Name] [School Address] [City, State, Zip Code]

Dear Members of the Admissions Committee,

I hope this message finds you well. I am writing to follow up on my application for the [specific program name] at [Graduate School Name], submitted on [date of application]. I am very enthusiastic about the opportunity to join your program and wanted to check on the status of my application.

As I was reviewing my application, I recalled my passion for [briefly mention relevant experience or interest] and how it aligns perfectly with the values of [Graduate School Name]. If there are any updates or if you require further information from my side, please feel free to reach out.

Thank you for considering my application. I look forward to the possibility of contributing to the dynamic environment at [Graduate School Name].

Sincerely, [Your Name]