Dear [Family Member's Name],

In this time of sorrow, I want to reach out to you and express my heartfelt condolences. Though distance separates us, please know that my thoughts and prayers are with you.

It's hard to find the right words to ease your pain, but I want to remind you that you are not alone. Your family is strong, and together, we can find peace amid the grief.

May you feel surrounded by love and support, and may the memories of [Loved One's Name] bring light to your heart during these dark days.

Please hold on to the good times and know that I am here for you. If there's anything you need or if you just want to talk, I am just a phone call away.

With all my love and support,

[Your Name]