Dear [Friend's Name],

I hope this message finds you in good spirits. I wanted to reach out during this time to let you know that I'm here for you. Life can present us with challenges, and I want you to know that you are not alone.

Please remember that our friendship means a lot to me, and I'm always willing to lend an ear or a helping hand. If you want to talk, vent, or just grab coffee, I'm just a call away. Your feelings are important, and I'm here to support you through this.

Take care of yourself, and please don't hesitate to reach out. Together, we can get through this.

With warmth and friendship, [Your Name]