Dear [Acquaintance's Name],

I hope this message finds you in a moment of calm. I wanted to reach out to express my heartfelt condolences during this difficult time. It's completely natural to feel overwhelmed, and I want you to know that you are not alone.

Please remember that it's okay to grieve and take the time you need to heal. If you ever feel like talking or if there's anything I can do to support you, please don't hesitate to reach out. I am here for you, ready to listen or help in any way possible.

You have people who care about you, and we will stand by you through this. Take all the time you need, and know that brighter days will come.

With warm thoughts and deepest sympathy,

[Your Name]