

Dear [Parent's Name],

I can't begin to express how deeply sorry I am for your loss. My heart aches for you during this unimaginable time.

[Child's Name] was such a beautiful light in this world, and their spirit will forever live on in our hearts. The love and joy they brought into our lives will never be forgotten.

Please know that you are not alone in your grief. I am here for you, ready to listen, to share stories, or to simply sit in silence with you. Take all the time you need to heal; there is no right way to grieve.

Remember to care for yourself during this difficult journey. Lean on your friends and family for support, and allow others to hold you up when you need it.

Sending you all my love and strength during this heartbreaking time.

With heartfelt condolences,
[Your Name]