

# Dear [Mom's Name],

I hope this letter finds you in a moment of peace during such a difficult time. I cannot begin to express how deeply saddened I was to hear about your loss. Please know that my heart goes out to you and your family.

As you navigate through this overwhelming sorrow, I want to remind you that you are not alone. It's okay to grieve, to feel all the emotions that come and go. Your love for [Child's Name] will always remain a cherished memory in your heart.

If there is anything that you need or any way I can support you, please do not hesitate to reach out. Whether you need someone to talk to, a shoulder to lean on, or even a quiet presence, I am here for you.

Take all the time you need to heal. Remember, it's okay to lean on those who care about you. Your journey is unique, and your feelings are valid.

With all my love and deepest sympathy,

[Your Name]