

# Dear [Friend's Name],

I want you to know that my heart is with you during this incredibly difficult time. Losing someone you love is a pain that is hard to put into words, and I can only imagine what you're going through.

Remember that it's perfectly okay to grieve, and you have every right to feel the way you do. Please take all the time you need to heal; there is no right or wrong way to navigate this journey.

If you need a shoulder to cry on, someone to talk to, or even just some quiet company, I am here for you. You are not alone in this, and I am just a call away whenever you need me.

Take care of yourself, and be gentle with your feelings. There's no rush to move forward; it's all about taking it one day at a time. You are stronger than you know, and I believe in your ability to get through this.

With all my love,

[Your Name]