

Letter of Remorse

Date: [Insert Date]

[Recipient's Name]

[Recipient's Address]

[City, State, ZIP Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my sincere apologies for not respecting the boundaries we had discussed. I understand that my actions may have caused you discomfort and for that, I am truly sorry.

Respect for your limits is something I value greatly, and I regret not adhering to them. I realize now how important those boundaries are for maintaining a healthy relationship, and I take full responsibility for my oversight.

Moving forward, I am committed to being more mindful and respectful of your limits. I appreciate your understanding and patience as I work on this. Thank you for your kindness and for allowing me the opportunity to make amends.

Once again, I apologize for any distress I may have caused. I hope we can move past this and strengthen our relationship.

Sincerely,

[Your Name]

[Your Address]

[City, State, ZIP Code]