

# **Subject: Sincere Apology for Boundary Violations**

Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for my actions that have caused you discomfort and violated your personal boundaries. It was never my intention to overstep, and I deeply regret the impact of my behavior.

Upon reflection, I realize that I failed to respect your space and wishes. I understand that boundaries are essential for our relationships, and I take full responsibility for my actions. I can only imagine how this made you feel, and I am truly sorry for any hurt I may have caused.

Moving forward, I am committed to being more mindful and respectful of your boundaries. I value our relationship and hope to rebuild your trust in me. Thank you for your understanding and patience as I work on myself.

Please let me know if there is anything I can do to make amends. I appreciate you taking the time to read this letter.

Warm regards,

[Your Name]

[Your Contact Information]