Dear [Name],

I hope this message finds you well. I am writing to express my sincerest apologies for the repeated mistakes I have made regarding [specific issue]. I understand that my actions have caused you frustration and disappointment, and I am truly sorry for that.

Reflecting on my behavior, I realize how my actions have affected our relationship and your trust in me. I take full responsibility for my mistakes, and I want to assure you that this is a priority for me to rectify.

I am committed to making meaningful changes and taking the necessary steps to ensure that this does not happen again. Your understanding and kindness mean a lot to me, and I deeply regret any pain I have caused you.

Thank you for your patience and understanding. I value our relationship and will strive to be better moving forward.

Sincerely, [Your Name]