Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for the misunderstanding that occurred regarding my intentions during [specific event or situation].

It was never my intention to cause any confusion or discomfort. I value our relationship and deeply regret any hurt I may have caused. My actions may have been misinterpreted, and I am truly sorry for that.

I appreciate your understanding and patience as we navigate through this misunderstanding. It is important to me that we clear the air and move forward positively.

Thank you for taking the time to read my apology. I hope to regain your trust and continue our conversation with a fresh perspective.

Sincerely,

[Your Name]

[Your Contact Information]