Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my heartfelt apologies for the misunderstanding that arose from my behavior. It was never my intention to cause you discomfort or to misconstrue my actions.

Upon reflecting on our interactions, I realize how my behavior may have been perceived differently than I intended. I truly regret any hurt I may have caused you, and I want you to know that your feelings are important to me.

Moving forward, I am committed to being more mindful of my actions and ensuring clear communication between us. I value our relationship and hope to mend any rift that has formed due to my oversight.

Once again, I sincerely apologize for the misunderstanding. Thank you for your understanding and patience as I work to improve.

Warm regards,

[Your Name]