Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my sincere remorse for my failure to meet the obligations I had committed to regarding [specific obligation or project]. I understand that my inability to fulfill these responsibilities may have caused inconvenience and disruption.

There are no excuses for my actions, and I take full ownership of the situation. I always strive to maintain a standard of reliability and professionalism, and I regret that I fell short this time.

Moving forward, I am taking steps to ensure that this situation does not occur again. [You may mention specific actions you are taking to improve]. I value the trust you have placed in me and hope to rebuild that trust.

Thank you for your understanding, and I appreciate your patience during this time. I look forward to continuing to work together and making amends.

Sincerely,

[Your Name]

[Your Contact Information]