Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my sincere apologies for my lack of communication over the past [time period]. I realize that my silence may have caused concern or confusion.

It was never my intention to neglect our correspondence, and I regret any feelings of abandonment that may have arisen from my actions. Life has thrown unexpected challenges my way, and unfortunately, I allowed them to take precedence over our connection.

I value our relationship greatly, and I am committed to re-establishing open communication moving forward. Please know that I am here and willing to listen to any feelings or concerns you may wish to share.

Thank you for your understanding and patience during this time. I look forward to hearing from you soon.

Warm regards,

[Your Name]