

Fitness Center Silent Hours Policy

Date: [Insert Date]

Dear Members,

We hope this message finds you well. At [Fitness Center Name], we are committed to providing a comfortable and serene environment for all our members. In response to your feedback, we are implementing a Silent Hours Policy to ensure a peaceful atmosphere during certain times.

Silent Hours Schedule

- Monday to Friday: 8:00 PM - 6:00 AM
- Saturday and Sunday: 10:00 PM - 6:00 AM

During these hours, we kindly ask all members to maintain a quiet environment by minimizing noise levels. Please refrain from loud conversations, phone calls, and any activities that may disturb others.

Thank you for your understanding and cooperation. Together, we can create a more enjoyable fitness experience for everyone.

Sincerely,

[Your Name]

[Your Title]

[Fitness Center Name]