

Dear [Members/Staff],

We are excited to announce the implementation of Quiet Zones within our fitness center. These zones are designed to provide a tranquil environment for those who wish to focus on their workouts without distractions.

Key Details:

- **Location:** The Quiet Zones will be designated in [specific areas, e.g., the yoga studio and certain cardio sections].
- **Hours:** Quiet Zones will be active from [start time] to [end time].
- **Guidelines:** Please maintain silence in the designated areas and respect fellow gym-goers' need for concentration.

We believe that this initiative will enhance your experience and support your fitness journey. Thank you for your cooperation and understanding.

Sincerely,
[Your Name]
[Your Position]
[Fitness Center Name]