Dear [Child's Name],

I hope this letter finds you happy and smiling. I wanted to take a moment to tell you how very sorry I am for not keeping my promise to you. I know how much you were looking forward to [mention the promise], and it breaks my heart to know that I let you down.

Promises are important, and I should have been more responsible. You mean the world to me, and it hurts to know that I disappointed you. Please forgive me for not being there when I said I would be.

To make it up to you, I would love to plan something special together. Maybe we can [suggest an activity] or do something else that you enjoy. I want to show you that I truly care and that I will do my best to keep my promises in the future.

Thank you for being such a wonderful and understanding child. I love you very much!

With all my love,

[Your Name]