Dear [Child's Name],

I hope this letter finds you well. I want to take a moment to talk to you about something that has been on my mind. I know that I promised we would [specific promise], and I am truly sorry that we haven't been able to do that yet.

It was not my intention to let you down, and I understand how disappointing it can be when things don't go as planned. You mean a lot to me, and it hurts me to know that I have not fulfilled my promise to you.

Life sometimes throws unexpected challenges our way, and I hope you can understand that it wasn't because I didn't want to. I want you to know that I am committed to making it up to you, and we will still have our special time together.

Thank you for being such an understanding and loving child. Your kindness means the world to me, and I look forward to making more wonderful memories with you.

With all my love,

[Your Name]