Dear [Child's Name],

I hope this letter finds you well. I wanted to take a moment to talk about the promise I broke and how very sorry I am for it.

When I said we would [specific promise], I truly wanted to make that happen. However, something unexpected came up, and I couldn't keep my word. I understand that this may have made you feel sad or disappointed, and for that, I am really sorry.

You mean the world to me, and the last thing I want to do is let you down. I promise to do my best to make it up to you. How about we plan a special day together soon to make new memories? I can't wait to hear what you would like to do!

Thank you for being so understanding and forgiving. You are a wonderful child, and I am proud of you.

With all my love,

[Your Name]