

Dear Community Members,

We are excited to announce a series of upcoming community wellness events at our fitness center designed to promote health, fitness, and overall well-being. Join us for these fun and engaging activities!

Upcoming Events:

- **Yoga in the Park:** Every Saturday at 9 AM, starting June 10th.
- **Family Fitness Day:** Join us for games and activities on July 15th, from 10 AM to 2 PM.
- **Mental Health Awareness Workshop:** August 5th, at 6 PM.

All events are free for members and \$10 for non-members. Please RSVP by calling the front desk or visiting our website.

We look forward to seeing you there and working together towards a healthier community!

Best regards,
The Fitness Center Team