

Welcome to Our Dietitian Consultation Program

Dear [Client's Name],

We are excited to offer you our Dietitian Consultation Program designed to help you develop healthy eating habits for a better lifestyle.

Program Overview

During your consultation sessions, our certified dietitian will work with you to:

- Assess your current eating habits
- Set achievable nutrition goals
- Provide personalized meal planning
- Offer guidance on grocery shopping and meal preparation

Consultation Details

Your first consultation will take place on [Date] at [Time]. Please arrive 10 minutes early to fill out any necessary forms.

What to Bring

- A record of your current eating habits
- Any relevant medical information
- Your questions or concerns about nutrition

We look forward to guiding you on your journey to healthier eating!

Best Regards,
[Your Name]
[Your Title]
[Fitness Center Name]
[Contact Information]