

Join Our Workout Buddy Challenge!

Dear [Member's Name],

We are excited to announce the upcoming Workout Buddy Challenge at [Fitness Center Name]! This fun and motivating event is designed to enhance your fitness journey and encourage camaraderie among our members.

Challenge Details:

- **Duration:** [Start Date] to [End Date]
- **Objective:** Complete a workout routine with your buddy at least [X] times a week.
- **Prizes:** Exciting prizes for the most active teams!

How to Participate:

1. Find a workout buddy.
2. Fill out the registration form at the front desk or online.
3. Start working out and have fun!

Don't miss out on this fantastic opportunity to stay motivated and meet new friends! For more details, feel free to contact us at [Contact Information].

Best,

[Your Name]

[Fitness Center Name]