

# Dear [Participant's Name],

Thank you for attending our recent nutrition workshop series at [Fitness Center Name]. We hope you found the sessions informative and beneficial to your personal fitness journey.

We are continuously striving to improve our offerings, and your feedback is incredibly valuable to us. We would appreciate it if you could take a few moments to complete the feedback form linked below:

[Feedback Form](#)

We are particularly interested in your thoughts on the following:

- Content relevancy and usefulness
- Workshop facilitators and their effectiveness
- Suggestions for future topics or improvements

Your insights will help us create better experiences for all our members.

Thank you again for your participation!

Best regards,  
[Your Name]  
[Your Position]  
[Fitness Center Name]  
[Contact Information]