

Feedback Request

Dear [Participant's Name],

We hope you enjoyed the Personal Development Workshop at [Fitness Center Name]. Your feedback is extremely valuable to us and will help us improve future events.

Please take a few moments to share your thoughts on the following:

- What did you find most beneficial about the workshop?
- Were there any areas that you think could be improved?
- Would you recommend this workshop to others?

Thank you for your time and input. We appreciate your support in helping us enhance our programs.

Best regards,

[Your Name]

[Your Position]

[Fitness Center Name]

[Contact Information]