[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Fitness Center Name] [Fitness Center Address] [City, State, Zip Code]

Dear [Fitness Center Manager's Name],

I hope this message finds you well. I am writing to express my interest in participating in spinning classes at [Fitness Center Name] on weekdays. I have heard excellent feedback about your programs and would love to incorporate spinning into my fitness routine.

Could you please provide me with information regarding the schedule, availability, and any prerequisites for joining the classes? I am particularly interested in morning or evening sessions that fit into my work schedule.

Thank you for your assistance. I look forward to your prompt response and hope to join the spinning community at [Fitness Center Name] soon.

Best regards, [Your Name]