

Dear [Fitness Center Name],

I hope this message finds you well. My name is [Your Name], and I am interested in attending your spinning classes. I would like to inquire about the current schedule for these classes, including days and times they are offered.

Additionally, if there are any specific requirements for joining the class or any introductory sessions available, please let me know.

Thank you for your assistance. I look forward to your response.

Best regards,

[Your Name]

[Your Contact Information]