

Dear [Gym Staff/Manager's Name],

I hope this message finds you well. I am writing to inquire about the availability of early morning Spinning classes at your gym. Specifically, I am interested in classes that start between [insert desired time, e.g., 6:00 AM and 8:00 AM], on [insert specific days, e.g., weekdays, weekends, etc.].

If possible, could you please provide me with the class schedule and any additional details regarding registration or costs? I appreciate your assistance and look forward to your prompt response.

Thank you very much!

Best regards,
[Your Name]
[Your Contact Information]